

MCA Provides a phone counseling service for the youth with br. Kamal Shaarawy on Sundays. Br. Kamal has over 20 years of experience counseling Muslim youth and adults in the US and he approaches counseling in a holistic manner while integrating the latest in psychology studies with Islamic wisdom and knowledge.

- **Appointments:** For more information or to schedule an appointment, please visit: www.mcabayarea.org/counseling

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- **Financial Aid:** For counseling financial aid, please contact counseling@mcabayarea.org

- **Muslim Youth Helpline** : The Muslim Youth Helpline (MYH) is a registered charity which provides pioneering faith and culturally sensitive services to Muslim youth in the UK. Their services include a phone hotline and an internet live counseling. Please note that MCA is not affiliated with this program or organization in any way and MCA is not responsible for the use of this service. This link is being provided for information only.