

MCA's 10th Annual Women's Conference: Tenacious, Bold, & Be-You-tiful

Friday, April 28, 2017

Time	Session	Speaker
8:15 PM	Prophetic Nutrition	Zainab Ismail
9:00 PM	Tenacious, Bold, & Beautiful	Zahra Billoo

Saturday, April 29, 2017

Time	Session	Speaker
9:30 AM	Registration & Light Breakfast	
10:00 AM	Ice Breakers, Tile Art, Hijab Swap	Farrah Javed & Lubna Shaikh
10:20 AM	Open Quran and Dua	Humera Hai
10:30 AM	Navigating Your Mental Health in a Time of Islamophobia	Dr. Suzanne Barakat
12:00 PM	Get Movin' with Nadoona	Zainab Ismail
12:35 PM	Trusted Clothing: Green, Sustainable & Ethical	Drakshan Khan
12:45 PM	Lunch	
1:30 PM	Dhuhr Salat	
1:45 PM	Know Yourself, Know Allah (swt)	Hosai Mojaddedi
1:45 PM	YOUTH SESSION: Humanizing our Collective Narrative	Diba Ataie
2:30 PM	Prophetic Inspired Meals & Sunnah Snacks	Zainab Ismail
3:10 PM	Raising the Next Generation of Believers	Hina Mukhtar & Abiya Ahmed
4:10 PM	Exploring Life's Challenges via Short Vignettes	Dr. Rania Awaad
5:30 PM	Asr Salat	
5:45 PM	Dinner & Special Recognitions	
6:20 PM	Entertainment - Diamond Theft Mystery	
7:50 PM	Closing	
8:00 PM	Maghrib	

The Trunk Show will feature exclusive items, and run on Friday night and all day on Saturday in the Maryam Hall!